

OFFICE OF CATHOLIC SCHOOLS DIOCESE OF ARLINGTON
ALLERGY ACTION PLAN
PAGE 2


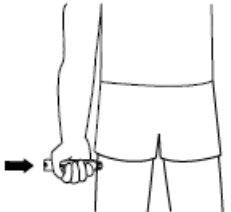





PART III TO BE COMPLETED BY PRINCIPAL OR REGISTERED NURSE

Student _____ Date of Birth _____ Teacher/Grade _____

Administration of an oral antihistamine should be considered only if the student's airway is clear and there is minimal risk of choking.

MONITORING

Stay with student, 911 and parent. Tell 911 epinephrine was given, request an ambulance with epinephrine. Note time when epinephrine was administered. A second dose of epinephrine can be given within 15 minutes, after the first, if symptoms persist or recur. Place student in rescue position. Treat student even if parents cannot be reached.

<p style="text-align: center;">EPIPEN Auto-Injector and EPIPEN Jr Auto-Injector Directions</p> <ul style="list-style-type: none"> ▪ First, remove the EPIPEN Auto-Injector from the plastic carrying case ▪ Pull off the blue safety release cap  <ul style="list-style-type: none"> ▪ Hold orange tip near outer thigh (always apply to thigh)  <ul style="list-style-type: none"> ▪ Swing and firmly push orange tip against outer thigh. Hold on thigh for approximately 10 seconds. Remove the EPIPEN Auto-Injector and massage the area for 10 more seconds  <p style="font-size: small;"><small>DEY® and the Dey logo, EpiPen®, EpiPen 2-Pak®, and EpiPen Jr 2-Pak® are registered trademarks of Dey Pharma, L.P.</small></p>	<p style="text-align: center;">Twinject® 0.3 mg and Twinject® 0.15 mg Directions</p>  <p>Remove caps labeled "1" and "2."</p> <p>Place rounded tip against outer thigh, press down hard until needle penetrates. Hold for 10 seconds, then remove.</p> <p>SECOND DOSE ADMINISTRATION: If symptoms don't improve after 10 minutes, administer second dose:</p> <p>Unscrew rounded tip. Pull syringe from barrel by holding blue collar at needle base.</p> <p>Slide yellow collar off plunger.</p> <p>Put needle into thigh through skin, push plunger down all the way, and remove.</p> 
<p style="text-align: center;">Adrenaclick™ 0.3 mg and Adrenaclick™ 0.15 mg Directions</p>  <p>Remove GREY caps labeled "1" and "2."</p>  <p>Place RED rounded tip against outer thigh, press down hard until needle penetrates. Hold for 10 seconds, then remove.</p>	<p>A food allergy response kit should contain at least two doses of epinephrine, other medications as noted by the student's physician, and a copy of this Food Allergy Action Plan.</p> <p>A kit must accompany the student if he/she is off school grounds (i.e., field trip).</p>