



## HCA Family Newsletter March 1, 2019

*"The peak of perfection lies in our wanting to be what God wants us to be."  
~ St. Jane de Chantal*

### March

- 1 - School Mass, 8:15am; **Food for Those in Need** collection; 7<sup>th</sup> & 8<sup>th</sup> grade dance, 7-9pm
- 2 – **Read Across America Day – Celebrate Reading today!**
- 5 – 8<sup>th</sup> graders to All Saints Church for Mass with the Bishop; Boys' lacrosse tryouts, 3:30pm
- 6 – **Ash Wednesday, Lent begins**, Mass, 8:15; 2<sup>nd</sup> grade First Penance at St. Mary Church, 10am  
Girls' lacrosse tryouts, 3:30pm
- 7 – NJHS Induction, 2pm; Boys' and Girls' lacrosse tryouts, 3:30pm; HCA Skate Night, 7-9pm
- 8 – 2<sup>nd</sup> trimester ends, early dismissal; no Mass today; dismissal, 11:30am, 'B' schedule, teacher workday  
7<sup>th</sup> & 8<sup>th</sup> grade dance, 7-9pm
- 9 – Building Stronger Marriages and Relationships Conference, FBH
- 11 – Diocesan Professional Development Day, no school
- 14 – **Mary Poppins** performance for school, 1:30pm
- 15 - Financial Aid application deadline; **Mary Poppins**, 7:30pm

Recess Duty, 11:15-12:25 4<sup>th</sup> grade 2/21 – 3/6; 3<sup>rd</sup> grade 3/7-20; 2<sup>nd</sup> grade 3/21-4/2

### NOTES

Congratulations to our 8<sup>th</sup> graders who applied to and all of whom were accepted at Pope John Paul the Great High School. We are very proud to announce that ¼ of the students were awarded scholarships. Congratulations to **Riley Baker** who was awarded the St. Thomas Aquinas Scholarship, to **Chris Florio and Jasmine Nguyen** who were awarded the St. Albert the Great Scholarship and to **Tony Guzman and Cyrus Olsen** who were awarded the St. Dominic Scholarship. We are proud of you and know that you will represent HCA well as you move into high school.

**Holy Cross Academy** is one of the 5 finalists in the Best of the Burg Private School division. **Hooray!** Thanks for your support in the nomination process. Voting starts on Monday. You can vote once a day. Please put a daily reminder in your *to do* list so that **HCA is named #1** in the Best of the Burg! Here is the link: <https://consumers.secondstreetapp.com/og/71ee6084-daea-43cf-a99f-8c2fb8e760f2/gallery/148989358>

Mary's Shelter provides an expectant mother, and any additional children she may have, with housing for up to three years in order to further her education and/or secure employment. **Babysitters are needed every Monday from 5:45PM – 7:15PM** while the Moms attend mandatory parenting and life-skills classes. Any middle/ high school male or female students interested in helping please contact Mrs. Richardson @ 540-286-1600, or [jrichardson@holycrossweb.com](mailto:jrichardson@holycrossweb.com). This is a great experience and fills an important need in our community. You can make a huge difference with the gift of your time!

It is time for us to begin planning for our **2020 School Dinner Auction**, or newly configured major fundraiser. This event finances amazing projects around our school: our patio, stained glass window, musical instruments, technology, playground improvements, our art room kiln, and the list goes on. It has also made substantial contributions to our expansion fund. We foresee making some changes and

*It's About the Children!*

doing something new and different, but we need a group of energetic, imaginative, hard-working volunteers to help us. We don't know how it will change, but we are tossing around a lot of ideas. **If you would like to be part of our next auction dinner (or whatever major fundraiser we hold)**, please contact Mrs. Dalton or Sr. Susan Louise. We would like to get our heads together soon to generate some ideas and form a plan.

**Read Across America Day** is a nationwide reading celebration that takes place annually on March 2, Dr. Seuss's birthday. Across the country, thousands of schools, libraries, and community centers participate by bringing together kids and books! Motivating children to read is an important factor in student achievement and creating lifelong successful readers. Research has shown that children who are motivated and spend more time reading do better in school. We are not in school on March 2 but encourage everyone to *Read Across America!*

**Please volunteer for our very enriching Junior Achievement Program.** We need you in 4-1, 5-2, & 7-2! [Junior Achievement's programs](#) are designed to empower students at HCA from Kindergarten through 8th grade to own their economic success. They are taught by volunteers like YOU! To volunteer or for more information please contact: Linda Caporali at [lcaporali@comcast.net](mailto:lcaporali@comcast.net) or (540) 878-0125. **This is a great volunteer opportunity at HCA.**

**MSM** Due to a scheduling conflict, our **7<sup>th</sup> and 8<sup>th</sup> grade dance was changed** to Friday March 8<sup>th</sup> from 7-9. Tickets will be on sale at lunch all next week the price is \$5. Parents look for the sign up in your inbox to bring in snacks or chaperone, the theme is "March Madness" as in the basketball term....Students are encouraged to wear a basketball jersey (or any other type sports jersey) over their outfit and break out those high top sneakers if you have them!

**PTO Corner:** We've put it off for a long, long time, but Lent is upon us! If you can help provide something for the Lenten Soup Supper, please contact Wendy Roche at [hokieswb@hotmail.com](mailto:hokieswb@hotmail.com). Your gift of time, soup or other staple will be well-appreciated. We still have a lot of openings for our **HCA-sponsored Lenten Soup Supper**. This is a service we provide to our parish family and we need your help. Please check out our sign up and see if you can donate to this event. <https://www.signupgenius.com/go/60b0948aeaf2ea20-lenten>

The **first annual HCA Skate Night** is right around the corner! Skate Night will be Thursday March 7<sup>th</sup> from 7-9pm at Cavalier Family Skating. Pre-sale orders are due today. All attendees, skaters and non-skaters alike, are required to purchase an entrance at \$4/person. Got five or more in your family? Take advantage of the family rate at \$20/family. Non-HCA siblings, young and old, are welcome too. This is a family event and we want to have fun with you! Parents, if you can spare 30 minutes to help staff the registration table, please contact Lynne Malinowski at [lcmalinowski@gmail.com](mailto:lcmalinowski@gmail.com). Thanks!

The time has come to consider VOLUNTEERING WITH PTO! By now you have experienced many of the fun, exciting, family-friendly events that our PTO organizes; you may have shopped at the Used Uniform Sale, or maybe your children mentioned how much they enjoyed Girl Smarts or Boy Day or how great it is to have another water fountain in our school. All of this takes some effort but I assure

*Family: Forever, Faithful, Fruitful*

you, as PTO Corner finishes up five active years volunteering with the PTO, it is well worth it! There may be some minutes of the last five years that I consider wasted, but not one of those was spent with PTO. **Which gets to . . . you!** In the next few months the torch will be passed, a new executive board will be elected, and it will be time for some parents of children in the lower grades to take over from those of us who've been here a while. Please consider volunteering to help and to join the PTO actively--because without you, the torch could go out.

**Crusader Corner:** Tryouts for all spring sports are underway this week. Please consider coming out to participate in one of these sports.

Congratulations to our basketball players for the exciting game they hosted against the Harlem Rockets last week. You played a great game and entertained the entire school! Many thanks to Michael Caiafa for arranging this event. However, now it is time for **all remaining basketball uniforms to be returned.**

### **An Invitation to Join the Holy Cross Girls Lacrosse Team for Spring 2019**

Who: Any 6th, 7th, 8th Grade Girls...No Previous Lacrosse Experience Required

What: Girls Lacrosse Initial Practices: A No-Commitment Opportunity to Try Lacrosse. \*\*\*Girls will only need a lacrosse stick and mouth guard to give lacrosse a try on March 6th; we will have some extra sticks on-hand to borrow. If your player returns for day #2 on March 7th, she will be required to have her own (1) girls-specific lacrosse stick, (2) mouth guard, (3) girls lacrosse goggles. If the player decides to play after the completion of the two days, the spring lacrosse fee payable to the school will be due to the athletic director prior to the start of the next practice on March 12th\*\*\*

When: Wednesday and Thursday, March 6th-7th 2019 from 3:30pm-5pm

Where: HCA Athletic Field behind the School

Why: HCA Girls Lacrosse seeks to provide a positive team experience in a developmental setting. Youth sports teach valuable life lessons. Taught and played well, lacrosse is a fast and precise game which challenges girls' critical thinking skills, athletic development, and ability to integrate within a team. We follow the Positive Coaching Alliance "Double-Goal Approach" of equally prioritizing winning and teaching life lessons. We will not turn any girls away who want to try this exciting sport this spring.

About the Coach: Mr. Bob Duffy is the volunteer head coach for the Crusaders girls' lacrosse program in Spring 2019. A native of Long Island, NY, Bob has spent his life around the sport of lacrosse and the past decade involved in local youth sports. He is also a long-time Holy Cross parent and parishioner of St. Mary. Bob is US Lacrosse Level 3 coaching certified in both girls

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and boys lacrosse, a certified US Lacrosse umpire in the girls game, and the founder/former director of Fredericksburg Patriots All-Stars Youth Lacrosse. His daughter Bridget is a 6th grade player on this year's team. Bob is honored by the opportunity to lead the girls' lacrosse program.

There have been **some disturbing reports** in the news about suicide messages in You-Tube and You-Tube Kids videos. Last summer we disabled the YouTube feature as part of Google Classroom here at HCA. We also put all devices on our management program which screens what our students are exposed to. When all is said and done, our vigilance as teachers and parents is the greatest safeguard for our children. If you are looking for a child-friendly search engine, check out <https://www.kiddle.co/>

**Calling all Crafters!! Boy Scout Troop 1410 is hosting a Spring No Frills Scrapbook Crop-A-Thon Saturday, March 30, 2019 from 9am – 9pm at HCA.** Only \$35.00 per person! You bring your photos and supplies and we will provide a 6ft. table, snacks/drinks (meals on your own), and Boy Scouts to carry your supplies to and from your car. Please contact Torie Baldwin at [keetongirl2@yahoo.com](mailto:keetongirl2@yahoo.com) to register by March 23, 2019.

**Scholarships are available for CyberMath Academy's summer camps.** Interested students can sign up for consideration at <https://cybermath.org/scholarships/> \_Scholarship amount varies depending on the student's achievements and/or need and availability of funds. Our camps are open to students in grades 4-12. Application Deadline for scholarships is **March 24, 2019.**

ST. MARY OF THE IMMACULATE CONCEPTION PRESENTS

**BUILDING STRONGER MARRIAGES AND RELATIONSHIPS**

Lead by Greg & Julie Alexander of the Alexander House

Saturday, March 9 | 9am-5pm

at Holy Cross Academy  
230 Stafford Lakes Parkway/Fredericksburg, VA 22406

DISCOVER GOD'S PLAN FOR MARRIAGE AND GAIN PRACTICAL TOOLS TO BUILD A STRONGER AND MORE JOY-FILLED MARRIAGE

 SAINT MARY OF THE IMMACULATE CONCEPTION *marriage ministry*

**\$20 PER COUPLE**

Here about these wonderful speakers at [thealexanderhouse.org](http://thealexanderhouse.org)  
For questions contact Elena Doyle | [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org) or 540-373-6491

2019 marks our second annual Life Walk event!

Acknowledging that LIFE begins at conception and is worthy of protection, the community of Fredericksburg is WALKING in support of the various LIFE-AFFIRMING ministries that directly sustain and offer hope to those most vulnerable.

Come out with your family, church group, and neighbors for a fun walk, food and music as we raise awareness and funds together!

Every registrant will receive a t-shirt and goody bag the day of the walk!

  
APRIL 13, 2019 FREDERICKSBURG, VA  
**LIFE WALK**  
a pro-life walk benefiting  
Mary's Shelter  BETHANY   
5k • Walk with us!  
April 13, 2019  
Old Mill Park, Fredericksburg, VA  
After the walk, join us as we cheer on Fredericksburg's fastest babies in the **DIAPER CRAWL!**  
REGISTER FOR THE WALK • BECOME A SPONSOR  
[lifewalkfxbg.com](http://lifewalkfxbg.com)



Registration is now open for  
the 2019-2020 School Year.

*Financial Aid is available for  
those who qualify.*

*Steeped in Catholic Tradition and Values*

*Life is full of big decisions, and high school is one of them.*

*We invite you to learn more about our program for grades 9 - 12.*

- Saint Michael's is accredited by the Souther Association of Colleges and Schools Council on Accreditation and School Improvement (SACS CASI), and accreditation division of AdvancED.
- We offer a wide variety of sports for all seasons and extra curricular clubs, including National Honor Society (NHS) and National Art Honor Society (NAHS).
- Students from Saint Michael's have chosen and been accepted to prestigious universities and colleges including the Air Force Academy.
- The Class of 2018 earned \$2 million dollars in scholarship awards.

**Please join us for our next Warrior for a Day event on March 11, 2019. Your student can spend the day as a Saint Michael's Warrior!**

*Saint Michael the Archangel High School  
6301 Campus Drive  
Fredricksburg, VA 22407  
(540) 548-8748*

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