



## HCA Family Newsletter June 7, 2019

*"Begin with love, continue with love and end with love."*

*~ St. Francis de Sales*

### June

7 – 3<sup>rd</sup> grade State Fair; 8<sup>th</sup> grade dismisses 11:30am

8<sup>th</sup> grade Graduation, 7pm, St. Mary Church

9 – Oblate Sisters' farewell reception, 2-4pm, FBH

**10 – last day of Aviat Care**

11 – Spirit Day, grades K to 5; dismissal, 11:30am; Kindergarten celebration, 7pm

Chick-fil-a Spirit Day, 11am – 2pm, for our athletic program

12 – last day of school, Mass, 10am at St. Mary, followed by lunch; Summer vacation begins!

Recess Duty, 11:15-12:25 **Make up recess duty – 6/10, all grades**

Here is the link for make-up recess duty: <https://www.signupgenius.com/go/10c0448a5a92aa1f94-make>

### NOTES

*Our last day of school for Holy Cross Academy is always a very special one.* We meet outside St. Mary Church at 9:45 for 10am Mass. Teachers will tell each class where to meet so that they can take attendance. Students sit with their teachers, and families are welcome and encouraged to join us. After Mass, we will provide a lunch of hot dogs, chips, and, of course, ice cream. Students do not come to Holy Cross at all. We meet at the church and leave from there. It is wonderful to end our school year at Mass together. Please join us as we say farewell to the school year and hello to summer!

On Tuesday, we have our **Field Day for grades K to 5**. Students wear their physical education uniforms that day. *Just a reminder that it is a half day and there is no Aviat Care.* It is a fun day for the students and we are happy to have lots of parents helping out.

Our dedicated PTO Board is already planning how they can help the new families coming to HCA. They could use more **mentor families** to guide and help them as they begin their time at Holy Cross. If you can help out, please contact Susana Torres at [sgarcia@vitomar.com](mailto:sgarcia@vitomar.com).

Don't forget to pick up any prescription or over the counter medications from the clinic by Tuesday. The medication policy in the handbook states: **On the last day of school, the parent/guardian must personally collect any unused portion of the medication. Medications not claimed will be destroyed.**

*An HCA family is in a pinch!* They are looking for a responsible student to provide childcare for two children ages 10 and 12 in their home. Must have a valid driver's license, as trips to the library are a must this summer! If you know someone who is interested, please contact Kristine Foster at 571-329-2899 as soon as possible. Great summer job for a college student!

**Technology and Media Safety:** Most children today spend more time with media and digital activities than they do with their families, which profoundly impacts their social, emotional, and physical development. This month in Technology class we reviewed media ratings and how they help us select

*It's About the Children!*

age appropriate television shows, movies and video games for our children. We encouraged children to share the responsibility in choosing age appropriate entertainment and to respect the posted ratings on their media. We also advised them to check with a parent or other responsible adult whenever they are unsure about the entertainment they are viewing or any time they are in a situation that is new or uncomfortable. We emphasized that



parents know best, and are the only ones who should determine what is appropriate for their child. Parents have the unique knowledge of what their child is emotionally able to tolerate, regardless of the public rating or what other children that age are viewing. With the extra time children will have over the summer, we recommend using the following links to learn more about ratings and how you can use them to avoid uncomfortable and potentially damaging situations for your child.

Television: <http://transition.fcc.gov/vchip/>, Movies: <http://www.mpaa.org/ratings/what-each-rating-means> Video Games: [http://www.esrb.org/ratings/ratings\\_guide.jsp](http://www.esrb.org/ratings/ratings_guide.jsp)

**School Dressing Days:** HCA and St. Mary parish are participating once again in this program that helps underprivileged children in our community get ready for school by supplying clothing. We are collecting the following items: All new clothing for children K-12 grade including joggers, jeans, shirts, sweatshirts etc. Underwear & socks are needed as well. Gently used winter coats and jackets are also being accepted. Drop off items to HCA by June 11 or the St. Mary PLC by June 23<sup>rd</sup>. Thank you!



**June 12 is the last day to register for HCA Art Camp**

Does your rising 6th, 7th, or 8th grader wish they had art class all day? Send them to HCA's Middle School Art Camp!

July 8 – 12, 9am to 3pm, \$200

Holy Cross Academy Art Room, Mrs. Woolfolk, Instructor

**HCA's Middle School Art Camp** is designed for Holy Cross Academy rising 6th, 7th and 8th grade students who have a deep interest in art and desire more time in the art room. We will build upon our skills in a variety of media including clay, printmaking, drawing, painting and sculpture. Throughout the creation of their work, students will develop artistic behaviors and creativity. We will look to art history and contemporary work for our inspiration and skill development.

Contact Mrs. Woolfolk to register [ewoolfolk@holycrossweb.com](mailto:ewoolfolk@holycrossweb.com)

It's that time of year! **Teacher Tailored Supply Kits are ready to be ordered!** This year we have switched back to Teacher Tailored (formerly, SchoolKidz) and all kits will be shipped to our school and delivered on the first day of school! Check out each class's supply kit, new backpacks, and more! The last day to shop is **June 14th** so order today and help our school! Go to [www.shopttkits.com](http://www.shopttkits.com) and enter our School Account # 69540 and shop away!

**MIDDLE SCHOOL MINUTE:** All our Middle Schoolers agree that *it is time for summer vacation*. Congratulations to these wonderful young people for a fantastic year. We wish you all a safe, blessed summer and all God’s blessings in the coming years!

**Crusader Corner:** Thank you to all who came out to celebrate our athletic program at the banquet this week. It was a wonderful evening and a great way to close our year. **All uniforms are now due**, please return them cleaned and in a bag marked with the student name.

There is one final **Chick-Fil-A spirit day** this coming Tuesday (June 11) from 11:00am - 2:00 pm. Please stop by and let them know you are with Holy Cross to support our athletic program.

**Schedule your sports physicals now** for next year so that you are ready when school starts as we will be holding tryouts for field hockey, volleyball and boys soccer the first week of school.

Reminder that we have **basketball and volleyball clinics** thorough the summer. Please see the flyers on the website for further information.

Saint John Paul the Great Catholic High School is excited to announce their **2019 SUMMER CAMPS!** Whether you’re looking for an enrichment and leadership experience or a sports program for your child, the John Paul Summer Programs are full of opportunities for children in grades 2 through 12. Have questions? Contact [camps@jpthegreat.org](mailto:camps@jpthegreat.org) or 703-445-0300.

Camp descriptions and registration information: [www.jpthegreat.org/apps/pages/summeractivities](http://www.jpthegreat.org/apps/pages/summeractivities)



# MANNERS MATTER

**Etiquette Builds Confident Middle School Students**

For over 20 years Junior Cotillion of Fredericksburg has been one of Fredericksburg Area Service League's most loved programs, offering middle school aged children instruction in basic etiquette and ballroom dance. Our purpose is to teach children how to treat others with dignity, grace, and respect for better relationships with family, friends and associates.

**Registration is now open for rising 6th, 7th & 8th graders.**

Visit [www.faserviceleague.com/junior-cotillion.html](http://www.faserviceleague.com/junior-cotillion.html) for more information or contact Melissa Bitzer at [MannersMatterVA@gmail.com](mailto:MannersMatterVA@gmail.com) with questions.

The Fredericksburg Area Service League, Inc (FASL) is an organization of women committed to improving and enriching the lives of Fredericksburg area children. Its purpose is exclusively educational and charitable.



*“It’s About the Children.”*

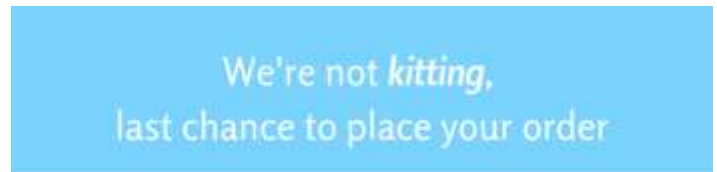


## 2019-2020 MBA Majest Martial Arts HCA Taekwondo Program and Summer TKD Camp

Thank you for allowing us share our love of Taekwondo (TKD) with you! We had an enjoyable time at the Parish Picnic and look forward to spread the world of TKD with our community!

We are continuing our registration for the 2019-2020 Majest HCA TKD Program. Classes are scheduled on Tuesdays and Thursdays at 3:45-4:30p.m. Program runs from September 10, 2019 to June 4, 2020. Students will learn Taekwondo with Master Ha, 6<sup>th</sup> degree Black Belt. At MBA Majest, we teach beyond the “kick and punch”. Through taekwondo, students learn the mental skills to apply to their life outside our studio doors. At the cornerstone of our teaching is respect. While reinforcing family values, we partner with our families to assist students to establish and achieve personal goals. Transportation is available. A percentage of the registration fees will be donated to support HCA programs.

**SUMMER TKD CAMP:** With more taekwondo classes, exciting field trips, and educational activities, we'll keep you kids moving all summer long. Field trips include: Riverside Theater, AMF Bowling, Cavalier Skating, Fun Land, Richmond Science Museum, Curtis Park Swimming, Kings Dominion, and much, much more!!! For more information, contact Pearl Conroy at 540.899.5588 or [customerservice@majestTKDfredericksburg.com](mailto:customerservice@majestTKDfredericksburg.com).



*Live Jesus!*