

Holy Cross Academy Athletic Program Student Commitment

- 1) I promise to abide by all Rules and Regulations set forth by Holy Cross Academy (HCA), the HCA Athletic Program, and my team's coach.
- 2) I promise to exhibit good sportsmanship at all practices and games, to show respect and consideration for my teammates, opponents, all coaches, and officials.
- 3) I am committing to attend all practices and games. I will notify my coach if there is a scheduling conflict. I understand that I may not start the next game if I miss a practice.
- 4) I promise, to the best of my ability, to maintain high standards in my schoolwork. I promise to keep up my grades and seek appropriate help if I am falling behind or having problems. I understand that I may be suspended from the team if my grades do not meet the guidelines in the Rules and Regulations.
- 5) I acknowledge the fact that I am representing my school, Holy Cross Academy, and will always behave according to the virtues my school represents. I promise to maintain and exhibit the Christian values expected of an HCA student. I accept responsibility for my behavior during practices, games, and when being transported to/from games. I understand the consequences of my behavior according to the Rules and Regulations of Holy Cross Academy and the HCA Athletic Program.