



HCA Family Newsletter May 3, 2019

*"If you really want to love God, keep loving him more and more.
Never look back; move forward constantly." ~ St. Francis de Sales*

May

4 – **First Holy Communion, St. Mary Church, 10:30am**

5 – Great Train Race! Run for HCA!

Teacher Appreciation Week!

6 – **Library Book Fair opens**; Scantron testing begins; 3rd grade trip to Motts Run Reservoir

7 – 7th grade trip to Newseum; Diocesan Spanish exam, grade 8

8 – Muffins with Mom, 7:30-8:00am; Transition parent meeting, FBH, 7pm

9 & 10 – St. Mary Preschool Mothers' Day Tea

10 – school Mass, 8:15 am, all are welcome; 'A' schedule;

6th grade trip to Joint Andrews Base, STEM and Air Show

12 – Youth of Note sing at St. Mary 12:30 Mass

14 – Battle of the Books competition

16 – May Crowning, 8:20am



Recess Duty, 11:15-12:25 Kindergarten 5/6 - 5/9; **Make up recess duty – 5/13 – 6/7**

Here is the link for make-up recess duty, if you have missed and have not signed up by May 20, you will receive a \$50 fine per missed duty. <https://www.signupgenius.com/go/10c0448a5a92aa1f94-make>

NOTES

Please pray for our 2nd graders and our students who are making their First Communion tomorrow. It is a day of great joy for each of them, their families and our school and parish communities. We ask Jesus to bless them and their families with great peace and joy!

Attention 8th grade parents: It is now time to submit the \$65.00 graduation fee! Thank you!

FINANCIAL AID AWARDS HAVE NOT BEEN COMPLETED. WE HOPE TO HAVE THEM OUT BY MID-MAY. THANK YOU!

Our lunch accounts are about \$2,300 in arrears. Please take care of your children's lunch accounts so that we can keep our payments current as well. Thank you!



CHOICES, CHOICES! *Mrs. Beall is offering students more choices for lunch.* She has been to the classrooms and explained the new program to students. It is quite simple. Instead of plating the full lunch, now students will have the main dish plated but students will have a choice of two different fruits and two different vegetables. They must take a fruit OR a vegetable and may take two fruits or two vegetables as their choice. They are not required to take the milk if they do not want milk. The price will stay the same; our kitchen staff is trying to eliminate some of the waste that they see when students do not like the offerings. If you have any questions please direct them to: HCAkitchen@holycrossweb.com.

It's About the Children!

GREAT TRAIN RACE IS HERE! There will be a Holy Cross table at the event and we hope you stop by and spend a little time at our booth with friends. This is a wonderful event, we hope to see you there! Be sure to say you are from HCA!



Bookworm Central Spring 2019 Book Fair

Your child will have the opportunity to make a wish list and shop during their class library time (see below) beginning Friday, May 3 until Friday, May 10. We will be open during “Muffins with Mom.”

Summer reading lists will be available and many of the books can be purchased from the book fair. *Please, also, volunteer during this week!*

Connecting books and children...growing fine minds!

Schedule for visits to the Book Fair!

K-1/8-1 Thurs. 9:45
1-2 Mon. 2:20
3-1 Wed. 9:45
4-2 Mon. 9:45
6A Fri. 10:40

K-2/8-2 Thurs.12:50
2-1 Tues. 1:35
3-2 Wed. 9:00
5-1 Tues. 9:45
6B Fri. 2:20

1-1 Mon. 1:35
2-2 Tues. 2:20
4-1 Mon. 9:00
5-2 Tues. 10:40
7-1 Fri. 1:35 7-2 Fri. 9:45

Spring into Spring with Scrip Gift Cards: Spring is here. Many important dates will be occurring during the Spring, including teacher appreciation, Mother’s Day, Father’s Day, graduations, weddings, and a birthday or two. Give the gift of a gift card and support Holy Cross Academy. Can’t decide which gift card is best? We have Scrip Gift Certificates available. For more information, just send an email to the Scrip Coordinator at scripcoordinator@holycrossweb.com or stop by the scrip table after Mass.

Thanks for using scrip gift cards!

Please **check your children regularly for ticks.** We have had reports of Lyme disease in the area and an increased risk this season.

Previously in Virginia, students were required to have received the **Tdap vaccine prior to entry to sixth grade.** To align with current medical practice, the Virginia General Assembly passed legislation effective July 1, 2019 that changes the grade that students need to have had the Tdap vaccine from sixth to seventh grade. Therefore, for the upcoming 2019/2020 school year, only those entering seventh grade (or higher for new students) will be required to have received the Tdap vaccine. As long as the student received the vaccine at age 7 years or older, the student will meet the school vaccination requirement for Tdap. Please see the FAQs regarding this change on the school website and let Mrs. Richardson know if you have further questions.

Check out the summer offerings for Virtual Virginia. VV offers tons of courses for high achieving students that want to prepare for high school level work or take a class not available to them at their school at this time. Please see the VV flyer in the attachments for all the pertinent information.

Live Jesus!

MIDDLE SCHOOL MINUTE: Our Middle School students are very busy with field trips to Finance Park, the Newseum and Joint Andrews Base. We are focusing on Scantron testing and our 8th graders are taking their diocesan Spanish exam. Our 8th graders are also very close to receiving the sacrament of Confirmation. So many wonderful things are happening!

Crusader Corner: The spring sports season is in full swing. The girls' lacrosse and soccer teams are playing very well. The boys' and girls' lacrosse teams will be traveling to Walker Grant on Wednesday for a game. Meanwhile, the soccer girls will host Linton Hall on Tuesday and go to St. Francis on Wednesday.

Our girls' basketball coach is offering multiple opportunities for girls in 5 - 8 grade to come learn the game, or improve their understanding and skills. Please see the flyer in our attachments for additional information and dates.

An England Run family is looking for a nanny, au pair or stay at home mom to care for their 4 year old daughter, until school starts (Sept. 2020). Please contact erinharris00@yahoo.com.

PTO Corner: How do the many events that PTO sponsors get done? With the help of parents just like you. Each year, the executive board that organizes PTO activities is dissolved and begins again on July 1st with a newly elected board. The time has come to elect a new executive board for our PTO. If you'd like to serve as President, Vice-President, Secretary, Treasurer, or in one of our four available member-at-large positions, please send a short biographical paragraph to Dawn Mauro, head of the elections committee, at dawn.mauro@genexservices.com. Be sure to include the position for which you wish to run and any ideas you have--this will be made available online so that parents can make up their minds when the vote comes in May.

While many of our PTO members have expressed wonderful ideas of how we can celebrate the Oblate Sisters, Sister Susan Louise has asked us to focus on just one or two events. To that end, we will be holding a farewell gathering on Sunday, June 9th, from 2 to 4 pm in Father Brisson Hall. The Sisters from Maryland will be joining us on this day; desserts and finger foods will be served. We will need many volunteers to help set up, serve and clean up, so please contact Dawn Mauro at dawn.mauro@genexservices.com to offer your services.

Saint John Paul the Great Catholic High School is excited to announce their 2019 SUMMER CAMPS! Whether you're looking for an enrichment and leadership experience or a sports program for your child, the John Paul Summer Camps are full of opportunities for children in grades 2 through 12. Have questions? Contact camps@jpthegreat.org or 703-445-0300. Camp descriptions and registration information here: www.jpthegreat.org/student-life/summer-activities

"It's About the Children."

**2019-2020 MBA Majest Martial Arts
HCA Taekwondo Program and**

Mother's Day Special



On May 13, 2019, registration for the MBA Majest and HCA after school TKD program in the fall will be open to all HCA families. Classes are scheduled on Tuesdays and Thursdays at 3:45-4:30p.m. Program runs from September 10, 2019 to June 4, 2020. Students will learn Taekwondo with Master Ha, 6th degree Black Belt. At MBA Majest, we teach beyond the “kick and punch”. Through taekwondo, students learn the mental skills to apply to their life outside our studio doors. At the cornerstone of our teaching is respect. While reinforcing family values, we partner with our families to assist

students to establish and achieve personal goals. Transportation is available. A percentage of the registration fees will be donated to support HCA programs.

MOTHER'S DAY SPECIAL: We are celebrating our Moms by offering a special Taekwondo offer. On May 4th – 10th, moms can participate in our TKD classes for FREE!!! Join your kids and discover your “inner-ninja”! For more information, contact Pearl Conroy at 540.899.5588 or customerservice@majestTKDfredericksburg.com.