



## HCA Family Newsletter August 31, 2018

**"We all have a vocation. We believe that God placed us in this life to fill a special need that no one else can accomplish." ~ St. Francis de Sales**

### August 2018

**31 – 20 years ago today Holy Cross Academy opened its doors for the first time!**

Girls' Field Hockey tryouts, 3:30pm

### September

3– Labor Day, no school

4– St. Mary Preschool opens;

5 & 6 – Girls' Volleyball tryouts, 3:30-5:30pm, FBH

7 –School Mass, 8:15am, all are welcome.

9 – St. Mary Ice Cream Social and Cake Walk, 4-7pm, please plan to join us!

**8 & 9– Manna Food collection at all Masses St, Mary & HCA**

10 – Scantron testing begins

13 – Confirmation meeting for 7<sup>th</sup> grade parents and students, FBH, 7pm

Preschool Parent meeting, St. Mary, 7pm

14 – Feast of the Exaltation of the Cross, our school feast day, Mass, 8:15am

### Recess Duty

8<sup>th</sup> grade parents: 8/30 - 9/7; 7<sup>th</sup> grade parents 9/10 - 9/19

If you are unable to fulfill your recess duty, a substitute list is available upon request at [mdalton@holycrossweb.com](mailto:mdalton@holycrossweb.com)

### NOTES

**We have had a wonderful beginning to our new school year!** Thanks to so many parents for coming to our opening Mass and our PTO meetings, and thanks to our faculty and staff for all you hard work getting school off to a fantastic start!

*We can't wait to see the cakes you are planning for our annual parish Cake Walk.*

*Please join us for the fun beginning to our school year. All are invited!*

### **HCA Fun Run/Walk, September 9, 2018**

The 3<sup>rd</sup> annual HCA Fun Run/Walk is right around the corner. Please join us for the annual 1-Mile and "just added" 5K Fun Run/Walk right before the Parish Ice Cream Social, **September 9, 2018 at 3:00pm**. We will start and finish at Holy Cross Academy. Registration is \$5.00 for the 1-Mile and \$10.00 for the 5K, with all proceeds going to support the HCA building expansion. The 1-Mile event is primarily for children, ages 11 and under, but open to everyone. The 5K event is open to all ages. Both events are stroller friendly! We will have awards for the 1<sup>st</sup> and 2<sup>nd</sup> place finishers in male and female age groups: 12-14 and 15-17 in the 5K only. For Registration Information Contact Pearl: [crypea@aol.com](mailto:crypea@aol.com) or stop by the registration table.



**Back-to-School Forms:** Please make sure you have handed in these forms: Handbook Acknowledgement, Media Release Form, Health History Update for all students and all health forms, **any corrections to Emergency forms** and Aviat Care registration. *We use our Emergency Forms to update*

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our data base and create our Family Directory. Please make it a priority! If we do not receive any corrections, we will have to go with the information that we have.

**We have a family who would like to carpool**, they live in 22554 zip code area near Rodney Thompson Middle School between Park Ridge and Augustine. If you are interested, please email them at [smustafa01@comcast.net](mailto:smustafa01@comcast.net).

The **Holy Cross Academy school chorus** is now accepting new members. If you love to sing, would like to learn more about music and harmony, and are a student in grades 5-8, please consider joining the Holy Cross Academy "Youth of Note." Rehearsals will be held on Tuesday and Thursday afternoons, from 3:10 until 4:00. Our first rehearsal will be Tuesday, August 28<sup>th</sup>.

**Art Classroom Update:** Please consider sending in a smock for your child to wear in the art room. The children become so engaged in their work that they sometimes look like a piece of art themselves. An art smock could be: an old t-shirt, an apron or anything that will cover their clothes while they are making their work.

**Square 1 Art:** We will be participating in Square 1 Art again this year. Most students will begin making their work this week. Orders will be placed in October. *Please consider a Square 1 Art gift for friends and family.* They will love it and all proceeds fund materials for our art program.

**Our Morning Care staff would appreciate** any colored pencils, coloring books, board games and any donations of used easy board games like checkers or connect four, and other activities for our students.

**M S M Middle School Minute:** We are off to a GREAT start! **Hoodies for 8<sup>th</sup> graders are ordered** (we expect them in about 3 weeks). Some permission slips have been handed in for student council. Candidates have until Tuesday Sept 4<sup>th</sup> to hand them in. If you need one see Mrs. Dalton. **Student council elections** will be held on Friday Sept 14<sup>th</sup>. Each candidate may put up one poster in the middle school hall starting Monday Sep 3 after turning in their permission slip. No candy or treats may be given out. Speeches will be given only by presidential candidates.

**7<sup>th</sup> grade will be bringing back the "school store"** where school supplies and fun trinkets will be sold one day a week during lunch period for grades 3-8. If your student signed up you will be getting an email with details. And the ever-popular snack cart will be coming every Friday during snack with all items selling for \$1.

**Attention Parents:** **If you want to volunteer in the classroom this year**, coach, be a cub scout or girl scout leader, or be a chaperone for field trips, you must complete the 4-hour VIRTUS class along with an additional volunteer packet that you may pick up from the office. A VIRTUS class will be held at Holy Cross on Saturday, September 15<sup>th</sup> from 9:00 a.m. to 1:00 p.m. You must register online at [www.virtus.org](http://www.virtus.org) and go under the "live training tab" and sign up under our location. Please note that you can't be late to attend the VIRTUS class and it's adults only, no children allowed! If you have

already done the class and paperwork, you do not need to do it again at this time. If you have any questions, please contact Mrs. Jeffers in the office.

**The Drama Club** invites you to join us for a back to school fundraiser at Chipotle ([28 South Gateway Drive](#)) on Sunday, September 16 from 4-8pm. Please see attached flyer. *The Drama Club is raising funds for our Spring production of Mary Poppins.* Please present the flyer, valid for in-store purchases only. Chipotle will only give a donation based on pre-existing gift cards. We cannot hand out flyers at the door (*that is cheating, their words*). Please share and share and share. We stand to make 33% of the sales for every HCA friend and have a delicious meal.

**Go back to school shopping for supplies, treats and accessories.** Bring flyer or show on your smart phone and mention HCA before checkout. Please help Drama Club raise funds for our Spring production of Mary Poppins. Stop into **Five Below in Central Park** 9/14 through 9/16 and a portion of your purchase will go to Drama Club.

**Band classes are offered for students in grades 4 - 8 on flute, clarinet, alto saxophone, trumpet, trombone, and snare drum.** The 3rd grade students can sign up for keyboard classes. The rates are reasonable and if you would like to sign up for band or keyboard you can email me at [laurie.kendall@comcast.net](mailto:laurie.kendall@comcast.net).

#### **PTO Corner:**

Our Cake Walk will be held on Sunday September 9th starting at 4 PM. Please have the most inventive, amazing cakes you can create at the judging tables by 3:45 PM--the music will start promptly at 4 and you can't win a cake unless you're walking on the numbered squares. Prizes will be awarded, so start dreaming up the cake that will give you bragging rights for the rest of the year. If you have something against cake, the Council of Catholic Women will be spooning up vats of delicious ice cream, just for you!

Many activities are already on the horizon, and **we especially need volunteers for Scrip Coordinator and helpers; Grandparents' Day helpers; Yearbook Coordinators, Photographers, Editors and Helpers; and many other key positions.** Please contact Brian Fannin at [attorney@brianfanninlaw.com](mailto:attorney@brianfanninlaw.com) to express your interest in these or any other positions. PTO Corner wasn't exactly sad and lonely before volunteering for PTO, but he's definitely happy that he did!

Thank you to Dawn Mauro, Lori Clark, Annalisa Skaggs and our other volunteers who made the Welcome Back Coffee and the New Parent Wine and Cheese Social such great successes.

What's that smell, a mix of cocoa beans and anticipation? The chocolate sale is coming soon! This is a requirement for all HCA families and it funds many great activities and programs without the need to put onerous fees or increased tuition on anyone. The opportunity to buy-out at the cost of \$75.00 per **family (NOT PER STUDENT)** will last from September 7th through September 19th and can be

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done online just by following the instructions on the Attachments page. This is a good option for those families looking for convenience or that can't find the time or place to sell some chocolate. Because the sale funds present-year activities, it's a burden on everyone to be chasing down chocolate sale money after the due date. If you're capable of selling two or more boxes of chocolate however, the fun of that experience will be yours shortly after the buyout period ends. We appreciate your support! The buy-out form will also come home with your child on Sept. 5<sup>th</sup>.

**Our SCRIP program needs you!** We are **seeking a dedicated individual** who would be willing to help manage the SCRIP program, as one of its coordinators. Our SCRIP program directly supports Holy Cross Academy (HCA) earning rebates for the school expansion fund through the sale of gift cards for many favorite stores and retailers such as Wal-Mart, Giant, Wawa, Target, Olive Garden, Ruby Tuesday and Regal Theatre just to name a few. The SCRIP Coordinator duties are shared by two enthusiastic individuals who divide the duties. This volunteer position takes approximately 1-2 hours per week and includes placing orders to replenish inventory, picking up and delivering the St. Mary and HCA Scrip bags in partnership with the other coordinator, creating the SCRIP Schedule (once a month), and being the POC for Parishioners who need assistance with setting up an account in SCRIPWARE and/or answering questions. Training will be provided.

We are also **seeking additional volunteers** to help sell after Saturday and Sunday Masses. SCRIP is sold after most Masses at the Church, at the 10:30 Mass at HCA, and at HCA during the week during carpool. This effort takes about 15 minutes after each of the Masses when SCRIP is sold.

If you are intrigued by the possibility of either (1) taking over as one of the Co-Coordinators, (2) selling SCRIP or (3) both, please email [scripcordinator@holycrossweb.com](mailto:scripcordinator@holycrossweb.com) for more information.

Thank you for your thoughtful consideration in being a part of this important effort that directly benefits Holy Cross Academy, our parish school. After all, It's FOR the CHILDREN!

**HCA Athletics:** Fall sports tryouts continue next week, please remember to submit all of the required paperwork and the participation fee so that your student athlete may play.

The tryouts for **Volleyball** will be held on 9/5 & 9/6 from 3:30 - 5:30 pm.

*The spirit cart is open through next Wednesday (September 5).* There is a new option for the warm-ups which can be used for PE during the colder months. Please use the link located on the school homepage (look for the T-shirt) and place your orders before September 5.

**American Heritage Girls** Troop VA0128, chartered to the St. Mary Council of Catholic Women, is having their registration and Open House Thursday, September 6th, at 7pm at HCA. All new and returning families are invited to attend. Please email the Troop Coordinator Maureen Siegmund at [AHGVA0128@yahoo.com](mailto:AHGVA0128@yahoo.com) for more information.

## 2018-2019 Majest Martial Arts HCA Taekwondo Program



Registration for our after school TKD program in the Fall. Classes are scheduled on Tuesdays and Thursdays at 3:45-4:30p.m. Program runs from September 11, 2018 to June 7, 2019. Students will learn Taekwondo with Master Ha, 5<sup>th</sup> degree Black Belt. At Majest, we teach beyond the “kick and punch”. Through taekwondo, students learn the physical and mental skills to apply to their life outside our dojang doors. At the cornerstone of our teaching is respect. We partner with our families to assist students to establish and achieve personal goals and reinforce family values. A percentage of the registration fees will be donated to HCA programs. Transportation is still available. For more information, contact Pearl Conroy at 540.899.5588 or [customerservice@majestTKDfredericksburg.com](mailto:customerservice@majestTKDfredericksburg.com).

**FASL Junior Cotillion Social Dance and Etiquette Classes for 6th, 7th, and 8th grade students begin Sunday, September 23rd.** There is still time to enroll your child for the Junior Cotillion of Fredericksburg, where they will learn proper etiquette in social situations and ballroom dance lessons. For information, please go to our website: <http://www.faserviceleague.com/juniorcotillion.html> or contact Belinda Leonen directly at [MannersMatterVA@gmail.com](mailto:MannersMatterVA@gmail.com). Proceeds benefit the Fredericksburg Area Service League and support children in Fredericksburg and surrounding areas.

**INTERESTED IN CUB SCOUTS?** Pack 1410 is chartered through Holy Cross Academy. All kindergarteners through 3rd graders are welcome to come to our first pack meeting on September 14th at 6:30 PM. We meet in Front. Brisson Hall. For additional information please contact Lorie Clark at [lccjccsc@gmail.com](mailto:lccjccsc@gmail.com)

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